

4F Pharma



PRODUCT CATALOGUE
2024



4F Pharma is manufacturer of **OTC Products, Dermocosmetic Products, Food Supplements, Sexual Health Products** and **Pharmaceutical Products**.

4F Pharma exports its products to more than 30 countries in Europe, Middle East, Africa and Asia.

Our **Factory** is located in Istanbul-Turkey.

4F Pharma in line with its mission, attaches importance to people and human health, adopts quality as a philosophy of life, makes use of advanced technologies, performs production at international standards, develops economic products. **4F Pharma** is customer oriented and open to continuous development.

Our fully equipped R & D centre is always developing new formulations and working on quality improvement.

4F Pharma is one of the leading suppliers from Turkey.

Our **Factory** is equipped with modern production lines and machines and we manufacture according to international standards by possessing all the required certificates and documents like GMP, ISO 22716, ISO 9001, ISO 14001, ISO 22000, Free Sales Certificate (FSC), etc. We have our in-house R&D Laboratory where we develop products and conduct all the tests. We have Quality Assurance (QA) Team and we perform strict quality controls throughout the whole production process.

We **manufacture** our Own Brand Products and at the same time we make Private Label manufacturing, ODM manufacturing and OEM manufacturing. We have a young, creative and professional team serving for human health.

4F Pharma's quality management system, production facilities, certificates, product range, production process of its products are on GMP standards.

Aware of its social, environmental and economic impacts, as well as its responsibilities towards its stakeholders; **4F Pharma** believes in serving sustainability with an ethical, transparent and accountable corporate management approach as an indispensable part of its business approach and corporate culture.

MISSION

To produce OTC Products, Food Supplements, Dermocosmetic Products, Sexual Health Products for human health. To produce without harming the environment and human health by using new technologies and with innovation.

VISION

To produce innovative products and increase the quality of life, to create both physically and mentally healthy, fit and happy feeling customers in the sectors in which we operate.

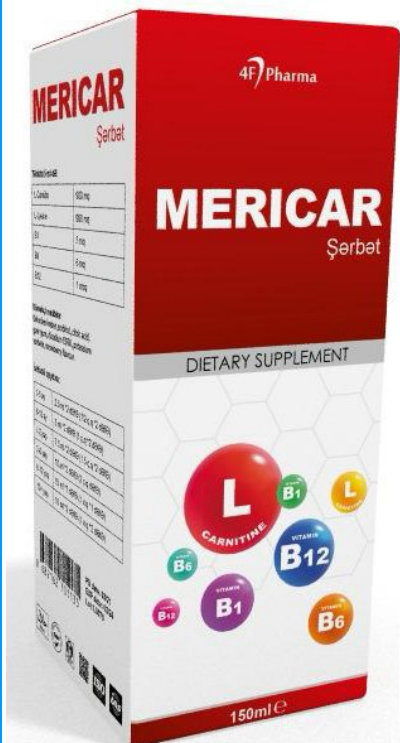
OUR VALUES

Entrepreneurship and Innovation
To be respectful to the environment and society
Being customer focused
Valuing the quality of life
Quality focus
Be reliable

FOOD SUPPLEMENTS

ZINC FOOD SUPPLEMENT

- It is used in the prevention and treatment of zinc deficiency, zinc malabsorption (acrodermatitis enteropathica) and excessive copper accumulation disease in the body (Wilson).
- 30-60-90 tablets, polyethylene bottle, lock cap, label, box, prospectus...



L-CARNITINE DIETARY SUPPLEMENT SYRUP

- L-Carnitine is a natural substance that is essential for the energy metabolism of mammals. It facilitates the entry of fatty acids into mitochondria (an intracellular organelle) to provide the energy production required for tissues such as heart muscle and skeletal muscles.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...

FOOD SUPPLEMENTS

CALCIUM DIETARY SUPPLEMENT SYRUP

- Calcium, Magnesium, Vitamin D3, Zinc.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...



NATURAL ANTHELMINTIC SYRUP

- When used as an anthelmintic, this substance causes reversible muscle paralysis on intestinal parasites due to its ganglionic stimulant properties. Parasites whose muscles are paralyzed are excreted with feces without requiring laxatives.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...

FOOD SUPPLEMENTS

CALCIUM DIETARY SUPPLEMENT SYRUP

- Calcium, Magnesium, Vitamin D3, Zinc.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...



BABY GAS RELIEF SOLUTION

- Oral solution which is formulated to relieve infant colic and griping pain. It effectively helps in bringing up wind.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...

FOOD SUPPLEMENTS

GROWTH UP SYRUP

- It helps to release growth factors and regulate their functionality.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...



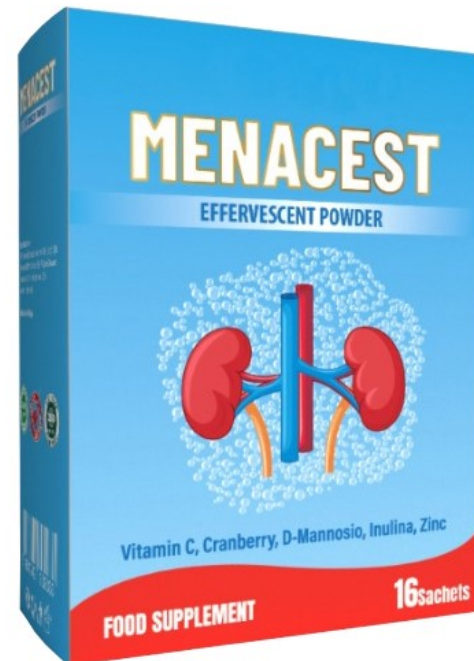
GROWTH UP TABLETS

- It is a special combination of different kinds of amino acids and colostrum that are important for growth and development of children. The amino acids are beneficial for releasing growth hormone which aid in muscle development.
- 30-60-90 tablets, polyethylene bottle, lock cap, label, box, prospectus...

FOOD SUPPLEMENTS

MENACEST EFFERVESCENT POWDER

- Active Ingredients: Sodium Citrate Anhydrous, Sodium Bicarbonate, Tartaric Acid, Citric Acid Anhydrous.
- It helps prevent stone formation. It helps for salt excretion and urinary alkalization.
- 4 gr*16 sachets, prospectus, box...



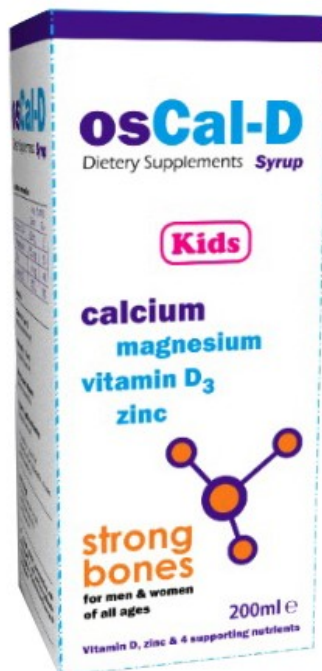
INFLU-HOT COLD & FLU

- It relieves symptoms of cold and flu like cough, fever, muscle soreness.
- 10 gr*12 sachets, prospectus, box...

FOOD SUPPLEMENTS

MENA-LACTIC PROBIOTIC FOR KIDS

- It is specially developed for young children. It contains selected lactic acid bacteria strains and promotes food digestion and absorption of all useful food ingredients.
- 1 gr*10 sachets, prospectus, box...



OSCAL-D SYRUP FOR KIDS

- It is a naturally sourced product used to eliminate Calcium, Magnesium and Vitamin D3 deficiencies seen in children.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...

FOOD SUPPLEMENTS



FAST-SLEEP GUMMIES

- Fast-acting gummies with melatonin.
- 30-60-90 gummies, bottle, label, cap...

FOOD SUPPLEMENTS

FERNE BABY GRIP WATER (GRIPE WATER)

- Gripe Water containing Dill oil and Ginger tincture.
- It is indicated for symptomatic relief of all pain associated with flatulence, infantile colic and gas complaints in infants.
- 100-120-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...



STOP COUGH MIXTURE SYRUP (COUGH SYRUP)

- Deionized water, Oregano oil, Echinacea, Vitamin C, Zinc, Honey Flavour, Sodium benzoate, Trisodium citrate dihydrate, CMC.
- It is indicated as an adjuvant for treating dry and productive cough and irritation of the oropharyngeal mucosa.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...

FOOD SUPPLEMENTS

BINOVIT B12 CURE

- Vitamin B12.
- It is used to eliminate B12 deficiency.
- 15 ml*7 bottles, box, label, prospectus...



NINOVIT B COMPLEX

- Vitamins B1, B6, B12.
- Energy and performance are essential for the needs of daily life.
- 15 ml*7 bottles, box, label, prospectus...



FOOD SUPPLEMENTS

FERSILIN IRON-III

- Iron (III)-hydroxide polymaltose.
- Antianemic containing trivalent iron for deficiency anemia.
- 15 ml*10 bottles, box, label, prospectus...



AGU-VIT OMEGA 3 FISH OIL SYRUP

- Multivitamin Fish Oil.
- 100-150-200 ml glass bottle, label, cap, measuring spoon, prospectus...

FOOD SUPPLEMENTS

CENTROMEL MULTIVITAMIN TABLETS

- It helps to improve your physical and mental quality of life.
- It does not contain sugar, so it can also be used by people with diabetes.
- 30-60-90 tablets, polyethylene bottle, lock cap, label, box, prospectus...



OMEGA 3-1000 MG SOFTGELS

- Phospholipid, Omega 3 Fatty Acids, EPA (Eicosapentaenoic Acid), DHA (Docosahexaenoic Acid).
- Contains Omega 3 Fatty Acids DHA and EPA. DHA is sent from the brain to the eyes and nerve with a normal course.
- 30-60-90 softgels in blister package, box, prospectus...

FOOD SUPPLEMENTS

FERTILITY MIX WOMEN CAPSULES

- L-Arginine, Green tea (Camellia Sinensis), Chasteberry (Vitex agnus-castus fruit) Extract.
- Optimizes female fertility and reproductive health.
- 30-60-90 tablets, polyethylene bottle, cap, label, box, prospectus...



FERTILITY MIX MEN CAPSULES

- L-Carnitine fumarate, Green tea (Camellia Sinensis), Dong quai (Angelica sinensis).
- Optimizes sperm quality and enhances fertility .
- 30-60-90 tablets, polyethylene bottle, cap, label, box, prospectus...

FOOD SUPPLEMENTS

BABYLIGHT ANTI-DIARRHEA SYRUP

(APPLE FLAVOURED)

- Sucrose, Daisy Extract, Golden Seal Extract, Raspberry Leaf Extract, Ginger Root Extract, Blond Psyllium Husk Extract, Sodium Carboxymethyl cellulose, Potassium sorbate, Natural Apple Extract.
- It replaces lost water during diarrhea and vomiting periods, easy to drink thanks to its flavour.
- It helps prevent diarrhea in infants.
- 250 ml PET bottle, box, label, leaflet...



BABYLIGHT ANTI-DIARRHEA SYRUP

(BANANA FLAVOURED)

- Sucrose, Daisy Extract, Golden Seal Extract, Raspberry Leaf Extract, Ginger Root Extract, Blond Psyllium Husk Extract, Sodium Carboxymethyl cellulose, Potassium sorbate, Natural Banana Extract.
- It replaces lost water during diarrhea and vomiting periods, easy to drink thanks to its flavour.
- It helps prevent diarrhea in infants.
- 250 ml PET bottle, box, label, leaflet...

FOOD SUPPLEMENTS

BABYLIGHT ANTI-DIARRHEA SYRUP

(STRAWBERRY FLAVOURED)

- Sucrose, Daisy Extract, Golden Seal Extract, Raspberry Leaf Extract, Ginger Root Extract, Blond Psyllium Husk Extract, Sodium Carboxymethyl cellulose, Potassium sorbate, Natural Strawberry Extract.
- It replaces lost water during diarrhea and vomiting periods, easy to drink thanks to its flavour.
- It helps prevent diarrhea in infants.
- 250 ml PET bottle, box, label, leaflet...



ACD3 DROPS

- Vitamins A, C, D3.
- It is used to eliminate the deficiency of vitamins A, C, D in babies.
- 30 ml glass bottle, dropper, label, leaflet..

FOOD SUPPLEMENTS

SILINE-FERTILITY TABLETS

- Myo-Inositol, Alpha lipoic acid, Serenoa repens extract, Folic acid.
- It enhances fertility.
- 30-60-90 tablets in blister package, box, prospectus...



VITAMIN C-1000 MG TABLETS

- Vitamin C.
- 30-60-90 tablets, polyethylene bottle, lock cap, label, box, prospectus...

OTC PRODUCTS

ANTI-LICE SHAMPOO

- Anti-Lice Shampoo provides treatment and protection. It eliminates hair lice and its nits. It provides protecting, strengthening and caring for hair with its advanced and integrated formula.
- 250 ml polyethylene bottle, label, prospectus, box...



ANTI-LICE SPRAY

- Anti-Lice Spray provides treatment and protection. It eliminates hair lice and its nits. It provides protecting, strengthening and caring for hair with its advanced and integrated formula.
- 100 ml polyethylene bottle, prospectus, box...

OTC PRODUCTS

MINOXIDIL HAIR SPRAY 5%

- Minoxidil Hair Spray prevents hair loss and stimulates hair growth. It activates weak hair follicles and prolongs the growth phase of the hair.
- 100 ml polyethylene bottle, label, package insert, box, separator...



MINOXIDIL TOPICAL HAIR SOLUTION 5%

- Minoxidil Topical Hair Solution prevents hair loss and stimulates hair growth. It activates weak hair follicles and prolongs the growth phase of the hair.
- 60 ml*6 polyethylene bottles, label, package insert, box...

OTC PRODUCTS

SULFUR CREAM 10%

- Sulphur cream is widely used in the field of skin health. Sulphur is a completely natural mineral and has anti-inflammatory, antiseptic and anti-microbial properties. With these features, sulphur cream is used in the treatment of skin problems such as acne, pimples and various lesions.
- 500 ml PET jar, label...



ANTI-DANDRUFF SHAMPOO

- Anti-Dandruff Shampoo relieves itching on the scalp and dryness with regular use. It eliminates dandruff and prevents the recurrence of dandruff. It provides well-groomed and strong hair.
- 250 ml polyethylene bottle, label, prospectus, box...

OTC PRODUCTS

KETOCONAZOLE SHAMPOO

- Shampoo with 2% Ketoconazole has strong Anti-Fungal and Anti-Dandruff properties.
- 125 ml polyethylene bottle, label, prospectus, box...



JUNIPER WOOD TAR SHAMPOO

- Juniper Tar Shampoo helps to stop or reduce the itching due to psoriasis and severe dandruff. It reduces the dryness of the hair by moisturizing it and giving it a healthier appearance.



COAL TAR SHAMPOO

- Coal Tar Shampoo helps to stop or reduce the itching due to psoriasis and severe dandruff. It reduces the dryness of the hair by moisturizing it and giving it a healthier appearance.
- 200 ml polyethylene bottle, label, prospectus, box...

OTC PRODUCTS

HEMORRHOIDAL CREAM

- Horse chestnut extract and other ingredients in Hemorrhoidal Cream repair the problematic area. Hemorrhoidal Cream repairs dry skin with its moisturizers. It reduces swelling and itching and helps to eliminate discomfort.
- 50-75-100 ml laminated tube, box, prospectus...



BURN GEL

- Burn Gel is used for first aid in all kinds of burn injuries (heat burns, sun burns, electrical burns, scalds, cuts, abrasions, etc.). It stops the burn feeling and prevents further progressing of the burn on the skin.
- 50-100 ml polyethylene bottle, label, box...



BURN CREAM

- Burn Cream is used for relieving minor burns. It is applied to the entire burned area to form a layer.
- Laminated tube, box...

OTC PRODUCTS

MOUTH CARE SOLUTION

- Mouth Care Gargle Solution helps to ensure the cleaning and hygiene of the mouth, palate, tongue and gums. It enables efficient intraoral cleaning in areas where mechanical cleaning tools are not effective. It helps prevent cavities and plaque formation. It eliminates bad breath and freshens breath.
- 250 ml PET bottle, label, package insert, cup, box...



NIPPLE CREAM

- Nipple Cream with Lanolin prevents the formation and eliminates the cracks on the nipples of pregnant or breastfeeding women.
- 30 ml laminated tube, package insert, box...

OTC PRODUCTS

WOMAN INTIMATE CLEANSING FOAM pH 4.2

- Intimate area cleansing foam.
- 200 ml polyethylene bottle, label, package insert, box...



WOMAN INTIMATE CLEANSING GEL pH 4.2

- Intimate area cleansing gel.
- 250 ml polyethylene bottle, label, package insert, box...

OTC PRODUCTS

VAGINAL DOUCHE (VINEGAR)

- Vaginal Douche containing acetic acid (1.25%) which can adjust the pH of the solution between 3 and 5. It helps the treatment of Bacterial Vaginosis and Cervical Erosion thanks to appropriate pH and acetic acid. Aloe Vera helps to reduce burning sensation and itching. Tea tree oil works as an antiseptic.
- 100 ml PET bottle, cannula, label, package insert, box...



VAGINAL DOUCHE (BAKING SODA)

- Vaginal Douche containing sodium carbonate which can adjust the pH of the solution between 8 and 9 (0.025%) and sodium bicarbonate (2%). It helps to decrease the symptoms in the treatment of candida vulvovaginitis. Because of its Alkali pH value, this product can be used by women in menopause. Aloe Vera helps to reduce the burning sensation and itching.
- 100 ml PET bottle, cannula, label, package insert, box...



OTC PRODUCTS

ANTI-STRETCH MARK GEL

ANTI-STRETCH MARK CREAM

- Anti-Stretch Mark Cream provides care for skin cracks that may occur in different area of body such as abdomen, hips and chest. Due to its moisturizing effect, it helps to reduce stress and tension on the skin. It enhances skin elasticity, prevents crack formation and alleviates the look of cracks.
- 100 ml laminated tube, package insert, box...



TOPICAL CREAM 10%

- It is suitable for all skin types. It is used to reduce pain in laser, epilation, waxing, botox, filler, permanent make-up, tattooing, dermapen, dermaroller, etc. procedures.
- 10 gr*10pcs., laminated tube, box ...



OTC PRODUCTS

JOINT PAIN CREAM

- Glucosamine Sulphate, Chondroitin Sulphate, Ginger Oil, Lavender Oil, Fennel Oil, Walnut Oil, Peppermint Oil, Eucalyptus Oil, Orange Oil.
- It is an Aromatherapeutic Massage Cream for Joints and Muscles.
- 75 ml laminated tube, box, prospectus...



LIDOCAINE 10% SPRAY

(TOPICAL ANAESTHETIC & ANTISEPTIC)

- Lidocaine is a local anaesthetic with fast and high effectiveness. Lidocaine Spray is used to numb the gums during dental procedures and as a medical procedure to numb the skin and treat wounds inside the mouth. It is used in Minor Surgeries like opening of superficial abscesses, extraction of deciduous and loose teeth and loose root fragments, curettage of the gums. It is also used for endotracheal intubation and endoscopy.
- 30 ml or 50 ml polyethylene bottle, applicator, label, package insert, box...

OTC PRODUCTS

NOSE-THROAT SPRAY

- It ensures lubrication of the nasal mucosa and maintains its moisture and helps epithelialization.
- 30 ml polyethylene bottle, label, box, package insert...



NASAL SPRAY

- It ensures lubrication of the nasal mucosa and maintains its moisture, and helps epithelialization.
- 30 ml polyethylene bottle, label, box, package insert...

DERMOCOSMETIC PRODUCTS

BODY LOTION

- It moisturizes and renews the skin. It provides a refreshing feeling. It can be used for regular and oily skin.
- 200 ml polyethylene bottle, label, package insert, box...



SUN CREAM SPF 50+

- It helps protect the skin against UVA and UVB rays. It provides effective and LONG-TERM protection thanks to its rapid penetration under the skin.
- 200 ml polyethylene bottle, label, package insert, box...

DERMOCOSMETIC PRODUCTS

HAIR GROWTH OIL

- It acts as a humectant. It penetrates deep into hair follicles, preventing hair from growing brittle and preventing moisture from dispersing. It is made from natural extracts which are safe and healthy for the scalp.
- 250 ml PET bottle, label, box...



BEARD OIL

- It moisturizes the skin and provides a lively appearance. It prevents dandruff and annoying itching at the roots of the beard due to dry skin. It visibly destroys the neglected appearance. It makes the beard smell nice.
- 30 ml glass bottle, label, box...

SEXUAL HEALTH PRODUCTS

HERBAL HONEY MIX

- Active Ingredients: Pure Honey, Royal Jelly, Panax ginseng, Tongkat Ali.
- Honey mix for enhanced sexual performance.
- 10 gr*5 sachets/7 gr*10 sachets, box...



DELAY SPRAY

- L-Arginine, Clove oil.
- Delay Spray is applied locally to the penis and helps delay ejaculation by reducing the sensitivity of the penis, which is extremely sensitive during erection.
- 30 ml or 50 ml polyethylene bottle, label, package insert, box...

SEXUAL HEALTH PRODUCTS

GOLD POWER PANTHER FOR WOMEN

- It increases sexual desire in women. It relieves sexual frigidity. It also helps women overcome sexual fear.
- 4 capsules in blister pack, package insert, box...



LOVEDROP APHRODISIAC DROPS

- Female aphrodisiac herbal drops is a product formulated to help increase sexual desire. Its natural plant extracts and its active ingredients provide effects to arouse women's sexual desires and increase their libido.
- 30 ml glass bottle with dropper, label, box...

SEXUAL HEALTH PRODUCTS

SEXUAL LUBRICATING GEL

- Water-Based Sexual Lubricating Gel with different aromas (natural, strawberry, cherry, chocolate, mint, herbal).
- Sexual Lubricating Gel with different effects (delay, erection, enlargement).
- 100 ml bottle, label, box...



SEXUAL LUBRICATING GEL

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- Sexual Lubricating Gel with different effects (delay, erection, enlargement).
- 100 ml bottle, label, box...